

# **BRAIN-HEALTHY COOKING**



## **Brain Healthy Cooking for One and Lunch**

**Monday, July 19<sup>th</sup> at 11:00 AM**

Join Paul Fuller from Cornerstone Canton for a discussion about healthy cooking while the chef from Cornerstone prepares lunch for you here at the Senior Center!

Space is limited.  
Pre-registration is required.  
Call 781-828-1323